

Self-Reporting outcome questionnaires were completed by the patient to assess the extent to which the impairment affects her activities of daily living and the ways the patient copes with these circumstances. The index score for each questionnaire is noted below.

|  | <b>OPTIMAL</b> | <b>1/19/2009</b> |                 |
|--|----------------|------------------|-----------------|
| <b>Headache Disability Index</b>           |                |                  |                 |
| - Emotional                                | 0/52           | 49               |                 |
| - Functional                               | 0/48           | 0                |                 |
| <b>Total:</b>                              |                | <b>49</b>        | <b>moderate</b> |
| <b>Neck Bournemouth Questionnaire</b>      |                |                  |                 |
| - Pain Intensity                           | 0/10           | 2                |                 |
| - Daily Activities                         | 0/10           | 5                |                 |
| - Rec / Social / Family                    | 0/10           | 0                |                 |
| - Anxiousness                              | 0/10           | 0                |                 |
| - Depression                               | 0/10           | 5                |                 |
| - Work Activities                          | 0/10           | 0                |                 |
| - Pain Control                             | 0/10           | 0                |                 |
| <b>Total:</b>                              |                | <b>12</b>        |                 |
| <b>RAND 36 Item Health Survey</b>          |                |                  |                 |
| - Health Perception                        | 0/100          | 32               |                 |
| - Physical Functioning                     | 0/100          | 17               |                 |
| - Role Limitations Due to Physical Health  | 0/100          | 49               |                 |
| - Role Limitations Due to Emotional Health | 0/100          | 100              |                 |
| - Social Functioning                       | 0/100          | 43               |                 |
| - Mental Health                            | 0/100          | 80               |                 |
| - Bodily Pain                              | 0/100          | 51               |                 |
| - Energy / Fatigue                         | 0/100          | 80               |                 |
| <b>Pain Disability Questionnaire</b>       |                |                  |                 |
| - Psychosocial                             | 0/60           | 0                |                 |
| - Functional                               | 0/90           | 50               |                 |
| <b>Total:</b>                              |                | <b>50</b>        |                 |